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VEIICIE PREPAREDNESS V2

Intro: By Charley Hogwood

A series of regional political skirmishes have broken out between the far sides of the two parties in the last few weeks. The rhetoric has intensified with threats of increasing physical violence. There is a rally tonight, and the media claims your town is next on the list of protest sites. The opposing radical groups have claimed that some stuff is going to go down like never before.

Tou let out a bored yawn. The family is generally prepared, so you aren't too worried. Picking up your phone, you scroll through social media until a post appears showing a line of national media satellite trucks lined up outside of a local arena.

With your interest piquing, you switch on the evening news to see a breathless news anchor live broadcasting when all of a sudden there is yelling and running. You perk up in your recliner. The camera crew pans to the left just in time to see a Molotov cocktail impact a news truck and burst into flames.



The kids turn to the TV and ask what you are watching. It's only when the words of explanation leave your mouth that you realize your home is not that far from the action. Torn between watching the scene unfold and grabbing your bug out bag, you realize that you aren't as ready to leave as you thought you were. Then you hear the gunshots, not on the TV at first but from outside your windows. The shots echo off the large buildings in the distance. The obvious return fire has a slightly different tone as the unseen battle intensifies. A crash of glass causes everyone to turn toward the big picture windows in the living room. A stray round has found its way to your house. The moment of confusion passes quickly, and you grab the kids and drag them to the far side of the house and take cover.

From your hiding spot, your ears strain to hear the TV news from the other room between the echoes of distant gunfire. Panicked reporters tell of crowds and a running street fight moving to the south.

You live south of the arena.

Most preparedness-minded people will store some food and maybe go as far as packing bug out bags, but have they really thought about how to leave in a hurry? You might have an idea where to go, but do you have a vehicle that will get you there?

In this issue, we are taking the concept of vehicle preparedness to the practical level. From the skills and spare parts you need to choosing a ride, and even how to improvise when the wheels fall off of your Plan A.

Get in, hang on, and keep your arms and legs inside the vehicle at all times, its going to be a bumpy ride.







In the last issue, we examined what to look for in bug-out vehicles. The ideal bug-out vehicle for most situations is a 4WD SUV or truck with features that make it perfect for traveling off-road or over rough terrain. In any SHTF, you want the options of being able to bypass roadblocks, fallen trees, and utility poles, etc. Features including additional lights, high clearance, spare fuel cans, reinforced bumpers, vehicle recovery gear, and water traversing features such as snorkels all contribute to an excellent bug-out vehicle. However, these features make the vehicle conspicuous.

Adding stickers, such as pro-2A, NRA membership, the Gadsden, or Betsy Ross flag, all add to making your vehicle noticeable and a potential target for thieves and especially post SHTF.

If you live in an area where there are 4 wheeling/off-road trails, then your vehicle could somewhat **BLEND IN** with external tools, winch, extra lights, and water and gas cans. If you live in a rural area where there are cattle and other farms, then your pickup truck with heavy-duty brush guards and bumpers may blend in.





A 'SLEEPER' VEHICLE is one that doesn't look conspicuous. "Out of sight, out of mind." A 'regular' SUV can hold a significant amount of equipment, especially those that have a third row of seats that collapses. Some newer passenger vehicles and SUVs have storage space under floors that are almost inconspicuous. A cargo rack on the roof can still blend in semi-rural areas where camping and other similar activities are usual. Even a regular pickup truck will blend in most areas, and a hard cover can hide a truck vault or similar area that can keep your gear secure. Adding tinted windows to SUV's can help protect the contents, but make sure you check your local laws as some have restrictions on the percent of tint you can have on certain windows. You can also cover your items in the back with a dark (wool) blanket to help conceal them or look into a vault, they make them for pickup trucks and law enforcement SUVs and will keep your supplies very well secured.









and are not fast vehicles but will certainly keep you comfortable and supplied in remote areas where you can be away from the urban areas. Rugged, off-road camping trailers are another option. These are a trailer or small camping trailer designed to be pulled on trails and off-road. So, if you have an off-road capable vehicle, this could be another way to have supplies ready to go, while keeping your daily commuter truck or SUV a sleeper. If you are not sure about a trailer, some places rent them out; a friend recently took one on a trip to Moab and was able to decide what he liked, and didn't, for a future purchase.

I see many SUVs and pickup trucks with additional LED front light bars these days. They are becoming very popular and thus less conspicuous as a 'road warrior' vehicle. I've seen many vehicles where a light bar has been installed behind the front grill, and unless you are looking carefully at the vehicle, it is very difficult to see when it is off but provides a lot of forward light when on.

Maintaining your vehicle is a topic covered in other articles, however, keeping good tires year-round on an SUV as well as basic tools such as fix-a-flat, 4-way tire wrench, and a portable air compressor will help with most things that could inhibit an 'escape.'

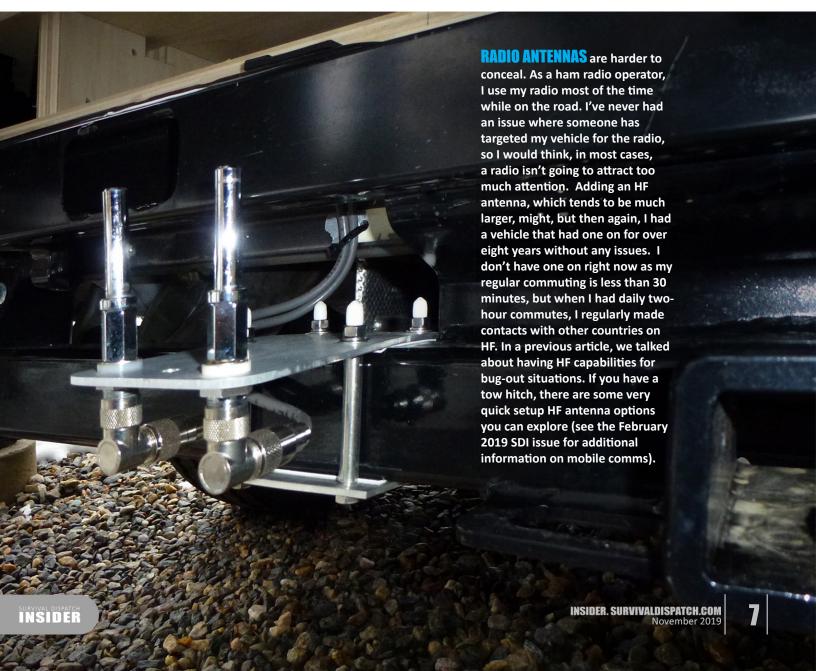




One modification you can easily do, with no vehicle modification, is to replace your stock tires with higher-rated tires in terms of thickness, such as C or E. The higher the letter, (A versus E) the thicker sidewall and are therefore more durable. While they may decrease your mileper-gallon slightly, they will provide more traction and resistance to cuts when encountering debris and for off-road travel. See this article in link below for a more detailed review of some tires.



CLICK HERE









TIRES - Keeping the rubber on the road is paramount. A healthy spare tire is only a half-measure beyond dropping some serious coin to get a set of run-flats. Keep a patch kit, fix-a-flat, and/or a small air compressor in the trunk.

BELTS, HOSES, CLAMPS - Most vehicles motor their power steering pumps, radiator fan, and electrical system on only one serpentine belt. If it fails, the vehicle will be dead shortly after losing it with no hope of a solution without a spare. It's easy to pack, pretty easy to install and will be the best spare-part purchase you make. Ensure you pack and carry the appropriate tools and know how to install it! I also carry some extra radiator hose material with hose clamps. In a pinch, replacing a large hose outright or cutting a patch and installing with a clamp and duct tape can hold water and maybe keep you moving. Make sure to let the engine to cool before cutting into hoses filled with boiling water!

challenging to carry safely and takes up precious space in the vehicle. I recommend carrying only a gallon of shelf-stable, explosion-proof spare emergency fuel or better yet, plan well ahead at every gas station you drive by and keep the tank full. If you have a big vehicle or truck and deep pockets, there are some really nice spare fuel tanks built by the racing industry that will give you some peace of mind and lots of extra go-juice. Typically, a low oil situation has been created by some type of internal failure that you will not be able to recover from on the side of the road. That said, carrying a bottle of oil system sealant and a quart of oil may get you just a little further down the trail and out of harm's way. The last fluid that I carry is pre-diluted anti-freeze and coolant. For a long time now, I have carried a gallon on top of my spare tire tucked up under the bed of my truck.

BATTERY - A dead battery seems to be a norm with our home fleet, and always at the worst possible time. Either from a light being left on or the normal strain created by all of the automatic systems that run on DC power before the vehicle is cranked, I seem to be addressing a dead battery annually. My first attempt at a backup was a small battery jump starter that turned out to be a complete waste of money. Even on a full charge, the thing does not have the strength to turn over a totally dead engine. At a minimum, carry jumper cables, and best case is a spare battery system. There are tons of ideas online, I installed a spare marine battery that has a solar trickle charger and is very capable of jumping my truck. A nice feature I added recently is a power inverter that boasts of 2000 watts peak power. If you do start playing around with adding a spare battery or using inverters, do keep a supply of common fuses in the glove box. I'm 50 years old and can count on one hand the fuses I've changed over the years, so I don't get too excited about them. On top of that, most newer vehicles have so many fuses due to unused accessories, you could easily pull one to replace a critical fuse and do without heated, massaging seats.

Slashed tires can be changed, but busted out headlights limits driving to daytime only. Additional light bars or even fog lights can save you a tremendous amount of trouble. In the late 1980s, I lost BOTH headlights while off-roading at night deep in the woods. The fog lights on my buggy saved me from having to camp unexpectedly until morning. For those that don't think an LED light bar mounted to the top of their Porsche would be practical, there are magnetic LED off-road lights that can be plugged into a 12-volt receptacle and work great for driving in a pinch.





GEAR SPOTLIGHT

GasTapper
SIPHON PRO XL

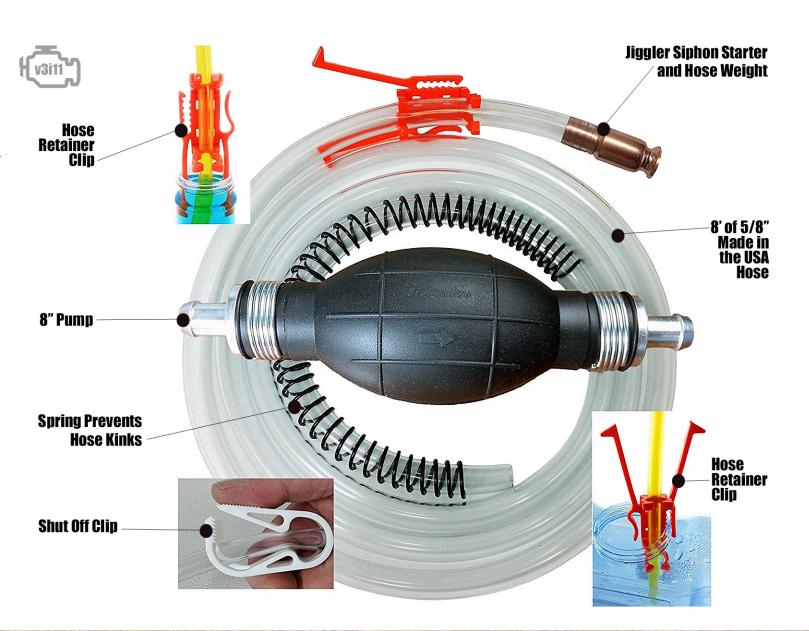
CLICK HERE TO VIEW ON AMAZON

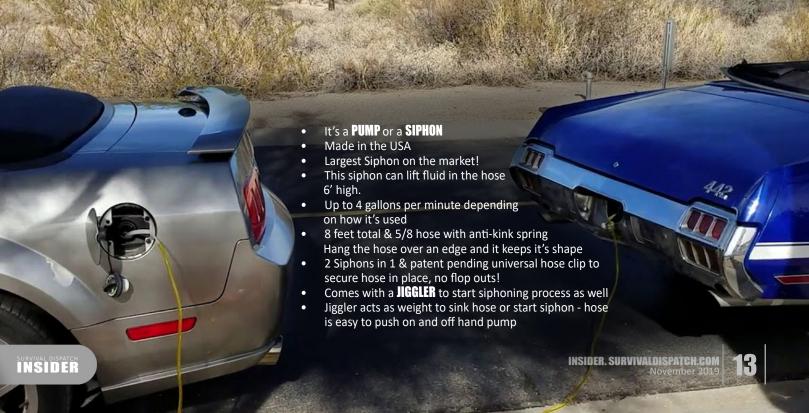
\$22

The **SIPHON PRO XL** is Made in the USA and VERY easy to use. This product is designed to allow user customization depending on particular needs. Whether you are stranded in the middle of nowhere and need the fuel to start an emergency fire, helping a person get enough fuel to make it to another fuel source or even just simply flushing your equipment of old gas and oil as part of your spring preparation, this product is very handy to have in your prepping arsenal.











44 PLANES TRANSPORATION

By Nick Meacher

f all our planning has gone according to plan, then we have a 'hardened' vehicle with sufficient supplies on board, including food, water, communications, navigation, etc., to get out of any urban areas and to our planned 'alternate' location. However, "No plan survives its first encounter with the enemy." This phrase is most commonly associated with Douglas MacArthur; however, the concept was first in a thesis on war by Helmuth von Moltke the Elder, a Prussian field marshal. His thesis states (translated);" No plan of operations extends with certainty beyond the first encounter with the enemy's main strength." Why do I mention this? Because there are a lot of lessons and strategies, we can learn from history in our preparations and planning for preparedness, including The Art of War by Sun Tzu.

SO, WHAT ARE OUR "PLAN B" OPTIONS FOR TRANSPORTATION? Some are obvious, and some may not be, so we will mention a few here to give you some ideas.



One that can be a daily part of our commute could be a **BIKE**. This could be your weekend get out and about bike that you carry on your bike rack daily, perhaps use from a park-and-ride on your daily commute to work. An alternative is a folding bike, such as those by Oyama or Xspec, (see the folding bike review) that you keep in your trunk for 'emergencies.' Another option, especially if you would have a long ride home, is an electric bike, such as those by Cannondale, Trek, Emdaot, and Aceshin. There is even a folding electric bike made by Freego. There is now a large selection of solar/electric bikes, including mountain and fat-tire bikes on the market, many for under \$800.

Obviously, with a bike, there are limits on the items and weight you can carry, but adding racks can increase your load-carrying abilities. If you are looking for a serious 'bike out' bike option, then consider one with fat tires. Obviously, carrying spare tire tubes, puncture repair kits, and other bike tools should be part of your kit. You should also learn how to maintain your bike, do preventative maintenance and other repairs. Check your local bike shops as they may offer courses on this, or you might be able to make some kind of deal with one of the mechanics to teach you how.



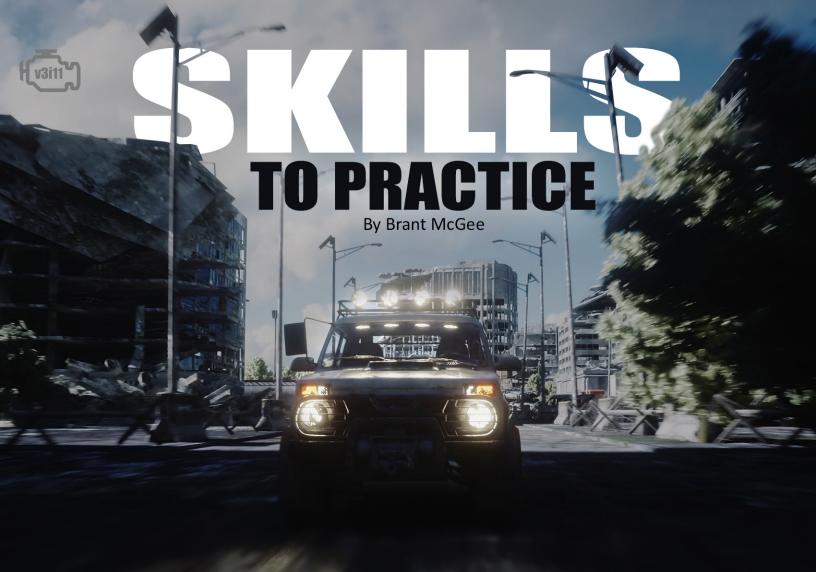




should be part of your plan. Depending on the amount of snow you typically get, you might need something that can run on solid ground, but then also when the snow gets deeper. Take a lesson from planes used in Alaska and similar terrain that need to be able to land on runways and snow and make a ski that fits around the tire. It allows a few inches of the wheel through the ski, but when the snow gets deep, the ski takes the weight.

FINAL THOUGHTS

Planning for improvised means of transportation is a 'must,' you cannot rely on a single plan. As with communications and all other aspects of preparedness, "two is one, one is none." This principle should (must) be applied to all elements of our preparedness planning. Having an alternative means of transportation could be used as part of your daily commute. Not only do you save gas, but you also get regular exercise, a thing we all need to build up as part of our preparedness planning, but often neglect.



o amount of preparation can replace training, the inevitability of a worsening situation is almost always right around the corner. **This can be no truer than with your vehicle and how you operate it under stress and duress.**

A year ago, I found myself in a situation that drove this point home and as well, tested every single skill I had learned over the years. I was on a close protection job for a media personality in a really nasty situation, and due to the lack of understanding by the film crew of what tactical driving was, I ultimately ended up in a flee and chase that I had to perform in an area that I had little to no knowledge of. No short article you read will prepare you like a tactical driving course. If you want to truly learn some solid driving stills beyond what is listed below, find a class.



ROLL LOW-PROFILE

If you drive a fully kitted Hummer with a bug-out kit on the roof along with a thousand tactical stickers on the back window so that everyone in town knows how bad-ass you are, and you drive in a similarly aggressive fashion, you've lost the ability to drive tactically. I teach my girls on jaunts to the grocery store on what vehicles we pass that most likely have a weapon that can be easily accessed via a broken window in a life or death situation. Don't be that guy or girl. If you have little stickers of small arms on your back window, I'm laughing at you. Blend in and be ready, don't advertise. When things get dicey, the unprepared will look at your heavily kitted ride and come after you for help.

FOLLOWING DISTANCE

This is safe driving 101. The problem is that we learn to follow safe driving distance to minimize the risk of plowing into someone's backside, but most never apply that to stopping in traffic. Always give yourself a car-length when stopped so that you can clear a turn from the vehicle in front of you, left or right, to keep from being pinned in. With that, stay out of center lanes or in lanes where you can't get over to hop a median or shoulder to get out of the kill zone. Boxing a vehicle in is the first step to ambushing a vehicle and its occupants, ensure you have an escape route at all times.

LEARN TO USE A MAP

Sounds funny, but in the current era of smartphones, it is surprising the number of people that don't know how to use a map to navigate. By no means should you discount electronics, but once the batteries die, or there is a network issue, learning map-reading skills on the side of the road will prove to be difficult and make you very vulnerable. A stand-alone GPS or smartphone will almost always route you via the quickest way, which is precisely what everyone else's GPS is doing. I don't want to be in the mix, but rather making my own way. Whenever I take a trip, I pick up a map that will cover the entire area I'm traveling so that I have a backup. Even if I am using my smartphone to navigate, before leaving, I follow the map to learn of any major landmarks in the direction of my travel that will help me with an egress route. Pick up a map on your next trip and use it to navigate your way, you will be surprised at how quickly you become familiar with driving without a GPS.

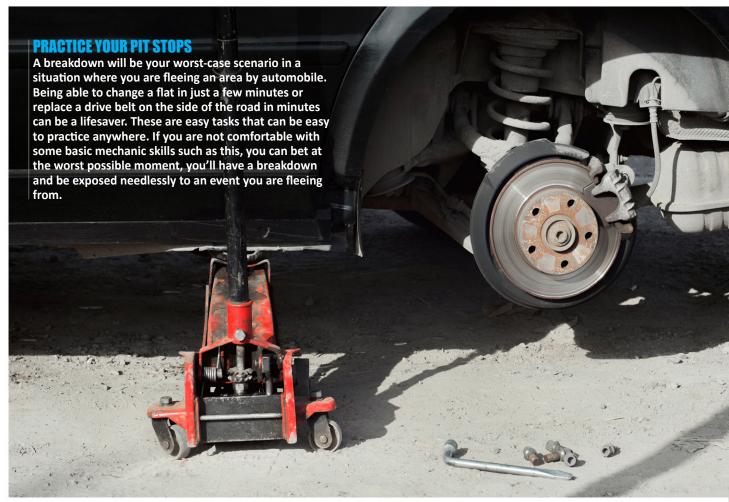




KEEP MOVING

When things are at their worst, stationary folks tend to be the first victims. If you get into a traffic jam during an "event" that could turn hostile, keeping your momentum off the "x" or out of the danger area is the best practice. A couple months ago, I was a passenger in a vehicle approaching a lone police officer in northern Nigeria who was waving us down for a shakedown. My driver just kept moving and even sped up to put some distance between us and the checkpoint, and thankfully, the officer wasn't in the mood for a chase, especially one where he probably had no probable cause. Two days later, with a different driver, we stopped for a single officer at a checkpoint, and I nearly lost my sunglasses and phone in the ensuing shakedown and bribe on my part.









MOTORHOME SELF-BUILD AND OPTIMISATION

By: Ulrich Dolde

A detailed account of how one man turned his dream of building a motorhome into a reality. The project is broken down into 39 chronological chapters and more than 1,200 photographs. But this isn't just a book listing components and how they were installed, but the reasons each were chosen. The current edition also gives you a thorough overview of just about every heating and warm water system on the market, explains all the different toilet systems, as well as covering the various types of batteries and their charging/discharging characteristics. In many cases, you'll even find alternatives to the product. It doesn't matter if we're talking about a panel van, a bus, an RV, a 4x4, or a full-blown expedition truck. Even though this is the first English edition, it is, in fact, a translation of the

fifth German edition, which has since established itself as a bible for all German-speaking motorhome self-builders and

optimizers.

\$67.90



INSIDER, SURVIVALDISPATCH.





By: Nick Meacher

f you had a Plan A, and B and C and you are now on Plan D, then you are probably at the point where you are doing a lot of improvising! "Opportunities multiply as they are seized." – Sun Tsu. Being innovative is a skill that anyone involved in preparedness must cultivate. Some of this comes from a lot of reading, what did someone do in that situation?

A big part of innovation is "thinking differently" or thinking outside of the box, using your imagination. Having an attitude of "that can't be done" means that you give up before trying, you should think, "how can that be done?"

YOU SHOULD HAVE AN ATTITUDE OF "WHEN IT HAPPENS," NOT "IF IT HAPPENS."

The last thing you want to do is to walk carrying all your 'stuff' on your back. Remember, ounces equal pounds, and pounds equal pain. Having something to carry your 'stuff' in or on, and even better, to carry you is going to make your journey much easier.

In another article, we discussed "Plan B" modes of transportation, such as bikes, wagons, strollers, ATV's, etc. IN THIS ARTICLE, WE WILL SUGGEST SOME IMPROVISED MODES. Wheeled modes are going to be one of the easiest improvised modes unless you are in the snow, and we will discuss that below. Wheels have been around since the caveman figured our rocks roll easier when they are round and smooth. A wheelbarrow can move loads easier; however, two wheels are easier to balance. Adding a couple of small wheels on the rear legs means you can push or pull, rather than lift. If you take a walk through a hardware store or places like Tractor Supply, you will find all kinds of wheels for all types of wagons, wheelbarrows, trailers, etc. Add one or two to your supplies, and you will be able to convert or replace wheels on all kinds of things to make moving your 'stuff' easier. You can even add wheels to the bottom of a wooden pallet and tie/strap your stuff down or replace the stock wheels on a shopping cart with larger ones that will make it move a lot easier.





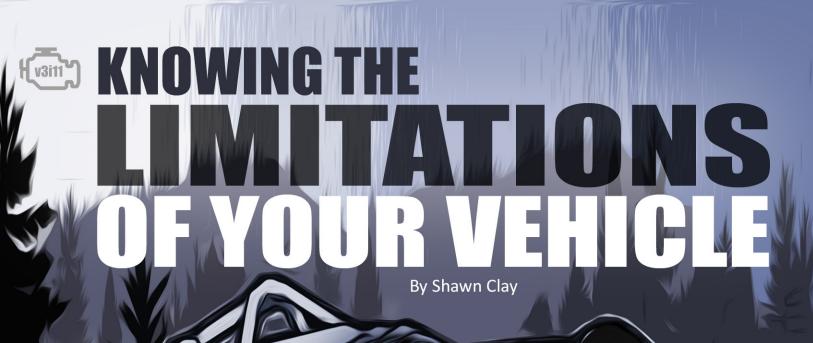
If you have something to pull your wagon/cart, then things are a lot easier. If the cart can take the weight, you can move heavier loads. A ride-on lawnmower, with the blades disengaged, can be used, or even a walk-behind powered mower can pull a smaller cart.

If you can't find something with wheels then improvise a sled or a canoe, these will work well in snow but are going to take more effort to move on paved or round ground, but will still allow you to carry a load or an injured person. As mentioned above, a wooden pallet can be easily converted to a sled by removing parallel cross beams on either end. Kids snow sleds are another option. Again, if you have something motorized to pull, it will make it a lot easier to move. Lids from large bins, or plastic bins, can be used by attaching a rope to pull them, but be aware that the bottom will be worn through if pulled over rough or paved ground any distance. If you can find or improvise skis or something resembling skis, and you can put a cart or box on them.

Other options include an animal, such as a horse or donkey; however, this will require a harness if you are going to use them to pull a wagon, cart, or sled. Handling animals is also a skill, you just can't walk into someone's field and rope a horse! If the animal has never been used as a pack animal, harnessed, or used to pull something, then you are going to have a tough time 'training' it in an emergency. If you have a dog, then start training it to carry saddlebags (they make them for most sized dogs). The dog can then carry its own food, water, etc. It may not be a lot, but remember, it's ounces and pounds that you don't have to carry.







t's probably safe to say that the majority of Survival Dispatch readers own and drive some sort of pickup truck or SUV with off-road capability. Some of us use that capability sparingly (if at all), while others of us spend more time off the pavement than on. Regardless of which camp you fall into, it's important to know your particular vehicle's limitations. While the marketing wizards at the auto manufacturers would prefer you to believe your truck or SUV can dodge twenty-foot tall boulders while driving 75 miles an hour through a blizzard or that your \% ton pickup can tow a load the size of a suburban house, the little fine print at the bottom of the screen will tell the true story, as we are reminded that "these images are simulated" or "professional driver on a closed course" followed by "do not attempt these maneuvers." Why not? It looks like the truck is up to it!



In reality, the majority of us who are practitioners of the preparedness mindset will pick out a vehicle only after thoroughly weighing all the options, and selecting the vehicle and accessory package that best suit our particular needs. While everyone doesn't need to select the super off-road package, we do need to consider what our needs are and whether or not our vehicles are up to the task. Also, it's not only the off-road limitations of our vehicles that we need to be aware of. FOR INSTANCE, DO YOU KNOW THE MILEAGE RATING ON YOUR TIRES? We all have that one friend who will push a 70k mile set of tires to 100k or more. That's taking a huge gamble with one of the most important components on your vehicle. Also, sometimes, treadwear alone doesn't tell the whole story. I have friends who have a hunting truck that only sees usage in the fall and winter, and most of them are equipped with mud tires. More than once, I've seen a tire blow out or go flat with relatively few miles on them. The culprit is usually mother nature. Rubber that sits on a wheel and doesn't move for 9 months out of the year can become brittle and weather-cracked in short order. If you are putting a set of \$1500 Super Swamper tires on your truck, make sure that you get it out and drive it regularly.



DO YOU KNOW EXACTLY HOW FAR YOUR VEHICLE WILL GO ON A TANK OF

GAS? Yes, most modern vehicles have the digital readout that will tell you how many more miles you have until empty. More than once, I've had friends and relatives run out of gas while the digital readout said they still had many more miles to go. While running out of gas can undoubtedly be a pain, it can also do damage to the fuel pump. Someone very close to me ran her Toyota Avalon out of gas to the point where the fuel pump was pulling air. It ended up being a relatively expensive repair that could have been avoided by just putting gas in the car when it got low. There are also those of us who have owned that vehicle with a less than reliable gas gauge. There's nothing quite like that puckering feeling of wondering how much farther you can go when you skipped your mandatory "every 3-day" fillup. If you are equipped with one of these wonderful vehicles, you quickly learn the importance of the extra gas can that stays in the back.



Since most of us are driving the vehicle that we will be in if the SHTF, it's essential to know the limiting factors to it. We've already discussed tires and fuel, but there are many more factors to consider. BATTERY LIFE, CRITICAL COMPONENT SERVICE LIFE (BELTS, HOSES, SPARK PLUGS, COIL PACKS, BULBS, BRAKE SYSTEM, ETC.), AS WELL AS ENGINE AND TRANSMISSION MAINTENANCE.

need to be considered. Fortunately, most vehicles have owner's manuals that have room in the back to record all of the various maintenance procedures that are necessary to keep your vehicle running at peak efficiency. If your vehicle does not have one, I recommend purchasing a repair manual (such as one from Haynes or Chilton) and keeping the manual plus a notebook in your vehicle to record all of this critical data. We've all seen the "grandpa" truck that has 300k on it and still looks brand new. We've also likely all seen the truck or SUV that's only 3 or 4 years old and looks like it was used by rebels along the streets of Mogadishu. Knowing when to replace or repair components is essential to trust that your vehicle will be ready to perform when it's needed the most.

If your vehicle is going to be spending **A LOT OF TIME OFF** THE PAVEMENT, you may want to look at upgrades to ensure that it's going to be able to handle all that you throw at it. While some dealers offer upgraded off-road capability with beefed-up suspension packages and extra skid-plates, many of us purchased a vehicle used or were given that old 4x4 truck or SUV from a family member or friend. In these cases, it's important to know what is available to turn your vehicle into the offroad capable beast that you want it to be. For instance, if you are wanting to run larger tires, you may want to consider a suspension lift that will give you the flex you will need. If spending a lot of time off-road is on the agenda, or the vehicle has been sitting for a while, consider replacing or upgrading your hubs to stronger aftermarket hubs. If you know that you will be doing a lot of rock-crawling, make sure that you are running bead-lock wheels so that you can air down your tires to provide more traction without worrying about the tire coming off the rim. Also, upgrade your undercarriage with the necessary skid-plates to ensure that nothing is damaged or sheared off. I've seen more than one oil pan plug or transmission drain plug sheared by driving over a rock. If your adventures take you into swampy environments, consider running a snorkel set up to ensure that you don't hydrolock the engine at the worst possible time. You might discover what some manufacturers consider an "off-road" or "adventure" package is little more than a different logo and an extra skid-plate or two. Sometimes the factory 4WD package is more practical to purchase and then spend your money on the aftermarket upgrades that make the most sense and provide the most bang for the buck.







While upgrading parts and knowing the service limitations of the vital components of your vehicle are critical to ensuring that your vehicle is always ready for the worst, it's of equal importance to ensure that you have

PERSONALLY TESTED AND DRIVEN YOUR VEHICLE

in all of the scenarios that you've envisioned the apocalypse bringing. Don't be the prepper that buys the new Ford Raptor, spends another \$25k on "upgrades," and then never takes it off-road. Know what your vehicle will do. Know how it feels to navigate a nasty, muddy logging road to deer camp. Know what it's like to navigate through soft gravel or sand. Know how it feels to climb those hills when gravity becomes an issue. Put your loadout in your vehicle and drive through that rough terrain and see what bounces around and spills out. You'll learn a ton about what needs to be secured and where. If you are running electronics for communications, know what your effective range is and plan accordingly. The most advanced gear in the world is useless if you're out of range. If you have recovery gear such as a winch or tow straps, make sure that you are well-versed not only in their usage but their maintenance as well.









NAXINIZE YOUR VEHICLE'S POTENITAL

By Brant McGee

ur vehicles are a blank canvas, just waiting on the proper and thoughtful artistic vision of what we want them to be. Some people use this canvas to show identity through graphics or stickers, others have more of a functional approach. This is where we want to focus our efforts, less on the visual, and more on the functional properties of the vehicle. Recently, I took a ride with a co-worker to a job and was blown away at how well he stored emergency supplies scattered throughout his SUV. It seemed that every compartment I looked in was full of supplies. What was most impressive was the fact that he built his vehicle's potential around the basics of survival. There was an advanced first aid kit under my seat, a survival kit under the driver seat complete with the contents to create shelter, fire, food, and filter water. His weapons platforms were mounted under the rear seats, and he even had body armor packed into a compartment designed for the jack and tools for changing a tire. Every time he took off from a stoplight, the engine sounded as if it was going to explode. At speed, I could feel massive vibrations coming from the tires, and when the brakes were applied, the front end shook violently. I guess all the kit would be coming in handy if we got into trouble, which was not far from the realm of possibility given the shape of the mechanical components. Maximizing the potential of your bug out ride goes far beyond having a personal kit stored in every crevice. Tools, parts, and add-ons such as a spare battery are great, but none of these will trump making sure the vehicle is well taken care of. Proper maintenance is paramount if you plan on using a vehicle for a bug out. We will break this down into three elements; Gas, Tires, Oil.







OIL Recently, I had the engine oil pressure lines replaced in my old truck that I use for hunting, fishing, or banging around. After the maintenance, I started developing leaks in the valve covers, among other places. What I found was that the leaky pressure lines were the weak point that allowed a loss of oil pressure, keeping the problem isolated to that one part. Soon as they were replaced, the oil pressure increased and started looking for another escape route. Now, every time I crank the truck, there is about ten minutes of burning oil that is leaking out all over the engine. Being a beater truck, I'm not so concerned and will address each area as time allows. I've had this truck for 13 years and, even with 275,000 miles, have kept the oil changed religiously at 5000 miles. I use good quality full synthetic oil and a high-end filter that is manufacturer recommended. My new truck, which is my bug out ride, gets the same love, and I hope it will last me just as long. Along with the engine, the other oiled parts, such as the transmission, transfer case, and differentials, all need to be monitored for leaks. No oil in these parts leads to wear and catastrophic failure, which will rear its ugly head at the worst possible time.





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SEASONS SEASONS

By Brant McGee



inter is coming, is your vehicle ready? In my travels, I get the opportunity to visit locations all over the country. From the deep south to northern states, I get a good taste of all the various weather conditions our great country has to offer. A couple years ago, I hopped into my rental vehicle in South Dakota during a blizzard when the temps were hovering in the single digits. In a hurry to get to work, I turned over the vehicle's engine, and it sounded like the pistons were trying to chew through the tops of the cylinders. The problem was typical for those conditions, the cold oil sitting in the bottom of the engine took a minute to warm up and make its way through the rest of the system. Us southerners rarely ever have to deal with that kind of morning, so I had never really experienced anything like it, especially in a newer rental vehicle. While I was sitting and freezing, waiting for the engine to warm up, a guy came out and unplugged his engine oil heater that he had running through the night. He cranked up his truck and took off, giving me a wave while passing. He was probably laughing inside as he knew I was not an inhabitant of the northern states while I was sitting looking puzzled as my vehicle was eating itself.



INSIDER

Even newer vehicles that use lighter viscosity oils have a hard time during the winter months when they are first cranked in the morning. If you have a cold snap coming, grab an **ELECTRIC OIL DIPSTICK HEATER** that will keep the engine somewhat warm on those bitterly cold mornings. You don't want to be in a hurry to flee and have to wait on your engine oil to heat up before jetting off. Along with engine oil, a vehicle's engine can't operate without ANTIFREEZE AND COOLANT for very long. When you go in for an oil change, make sure you test your antifreeze to make sure the mixture is correct. The last winter mechanical item I keep a close eye on is WINDSHIELD WASHER FLUID. No joke, if you have ever traveled on roads that have been treated with salt or brine when the spray off the street gets on a warm windshield, it dries and is almost impossible to see through. Ensure you use a washer fluid that is rated for extreme cold so that you can keep the windshield clean.











KIT CONTENTS

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Neiko 51005A Heavy Duty Tow Strap with Safety Hooks

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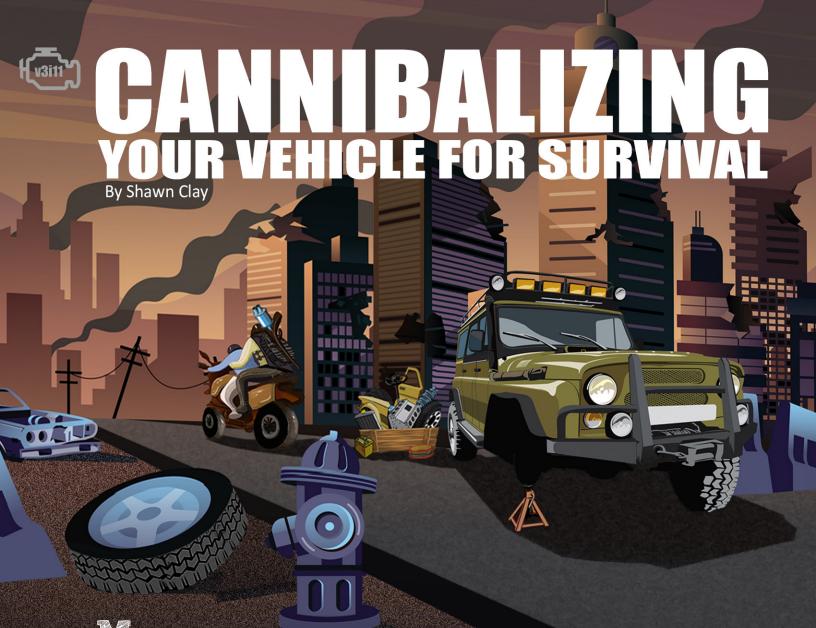
Boss Hand Wipes AMAZON LINK

Grime

Slime 50063 Truck Spare Heavy Duty

12-Volt Inflator & Tire Repair Kit **MAZON LINK**

Ezire Emergency Car Safety Hammer **Escape Tool**



ost of us carry various items of survival gear in our vehicles, but **HAVE YOU EVER CONSIDERED YOUR ACTUAL CAR AS A SURVIVAL ITEM?** The amount of resources that you are literally sitting on top of it is staggering if you take a minute to think about it. For the purposes of this article, we are going to assume that your car has been rendered immobile due to a wreck, mechanical failure, stuck, SHTF, etc. and that you are in a situation where help is not necessarily readily available. While we all saw the news story some time back where a guy survived for several days on Taco Bell hot sauce packets after becoming stranded in a rural area, it's my sincerest hope that readers of Survival Dispatch will be a lot more prepared and resourceful should they find themselves in a similar situation. So, let's take a look at how your vehicle (or any random abandoned vehicle that you happen to come across) can help save your hide if you find yourself in the midst of a personal disaster.

To begin with, **AS LONG AS YOUR VEHICLE IS NOT UNDERWATER**, **UPSIDE DOWN**, **OR ACTIVELY ON FIRE**, **IT CAN SERVE AS A SHELTER AND A BASE OF OPERATIONS UNTIL RESCUE CAN ARRIVE**. If your horn is functional, it can be an excellent method of sending out an SOS signal. Flashing the headlights and turn signals at intervals during low light conditions could also help rescuers hone in on your location. It's also wise to stay with your vehicle if at all possible. If you've gone off the road, it will be easier for rescuers to see your vehicle than to find you in the middle of the woods.

HOWEVER, IF YOUR VEHICLE IS NO LONGER IN A POSITION TO PROVIDE ADEQUATE SHELTER, THERE ARE STILL MANY USEFUL PARTS OF YOUR VEHICLE THAT CAN BE OF SERVICE. For instance, using the tools and WD40 that are likely present in most of our cars, the hood, tailgate, doors, trunk lid, fenders, luggage racks, etc. can be removed and used in the construction of a shelter. Exhaust pipes can make an effective crossbeam for a primitive shelter as well. Seat belts can be cut out and used to help secure the various panels together, as can the mile or two of wiring that is present in most vehicles. Just make sure that the battery is disconnected before you begin stripping the wiring from your damaged vehicle. The floor mats, along with the carpeting and padding in the interior and the trunk can provide ground cover and insulation for a shelter as well. If your vehicle is equipped with hubcaps, those can be removed and used as a primitive shovel to dig a fire pit or to help clear an area to construct your shelter.



The **SEATS** can also provide valuable material in an SHTF situation. Cutting them open can provide you with insulation that can be stuffed into a sleeping bag or even your jacket to keep warm. The outer covering, depending on material type, can be used for a makeshift backpack when paired with some of the wiring you've stripped out of the engine compartment or from under the dash. If your seats are leather, you have the possibility of fashioning primitive footwear or clothing such as a poncho to keep the elements at bay. A word of warning about seats, though. If you are looking at using them for starting or maintaining a fire, be aware that these materials can release toxic fumes, so make sure you are not in an enclosed environment when doing so.

Assuming that you have shelter covered, you'll likely want to **BUILD A FIRE**, either to keep warm or to serve as a signal fire for rescuers. Fortunately, your vehicle has a wealth of resources to help you do both. Most obvious would be the gas in the tank. On older vehicles, using the siphon in your emergency gear or one of the numerous vacuum lines in the engine compartment, the fuel can be siphoned out of the gas tank and into any container that may be present. That could be in the form of a gas can, water bottle, or any other container that you can fashion. With newer cars, however, it can be a tad more difficult to extract the fuel, mainly due to the anti-siphon filters. On these vehicles, you may have to find a way to get the siphon hose into the tank underneath the vehicle, or you may have to resort to puncturing the tank and collecting the fuel. One word of caution, though, when trying to pierce the gas tank; A spark from a screwdriver or a knife blade could prove deadly, so care needs to be taken if you choose to use this measure of gas procurement. Should the gas tank be empty, engine oil and transmission fluid can also be useful in starting a fire. Just be sure that regardless of what fluid you use, have plenty of ventilation available around you due to the fumes.





If these methods are not available, consider using one of the various **MIRRORS** in your vehicle. The rearview mirror, side mirrors, or even the vanity mirror in the sunshade can be used to direct and focus any available sunlight onto a tinder bundle. While this method can be time-consuming, it's tried and true and gives the user a portable method of fire starting should circumstances dictate that you leave the immediate area. They can also double as signal mirrors should rescuers be overhead in aircraft or on higher ground. Also, consider the cigarette lighter in older vehicles. They can be fantastic fire starters as well.

If a **SIGNAL FIRE** is what you are after, the spare tire (or any tire for that matter) will make a nice, thick, black smoke stream that will be visible for some distance, and the rubber will burn for quite some time. If you are wanting to set multiple smaller signal fires, a hubcap full of oil or transmission fluid will burn for some time as well and send up a nice plume of black smoke. And while there are multiple ways of starting a fire with the battery (some with the use of jumper cables and others with the battery itself), these methods can be dangerous to the user, so I'll leave it up to the readers to research these methods for themselves.

On the subject of the **CAR BATTERY**, if you happen to travel with an inverter present, the car battery can provide a charging source for your cell phone, laptop, or any other device that might help you communicate with the outside world to assist in your rescue. If you happen to be proficient in working with wiring, you may be able to rig up a light source using your headlights or taillights. This could help with illuminating your shelter sight and draw attention to your location to aid in your rescue.

When it comes to the subject of **WATER** procurement, there are a few available options present in most vehicles. Consider the glove box, cup holders, and any other removable compartments that may be capable of holding and transporting water. In a true survival scenario, you could also consider removing the windshield washer fluid reservoir under the hood and rinse it out thoroughly before reallocating it as a water container.



FINAL THOUGHTS

If you are finding yourself stranded in a situation where your life may be in danger, such as martial law or social unrest, you may want to consider if your vehicle has anything available to serve as an instrument of self-defense. Yes, most of us have our CCW along with our truck gun and a litany of knives or maybe a non-lethal option available, but if all of that was lost or unavailable, you are still far from defenseless. If your factory tire-changing equipment is still present in your trunk or under the seat, you will find that the lug wrench can make a very effective blunt force trauma weapon. In addition, a length of the seat belt with the buckle at the end can be quite dangerous in determined hands.

AS YOU CAN SEE, OUR VEHICLES CAN BE A WEALTH OF RESOURCES AT OUR FINGERTIPS SHOULD WE FIND OURSELVES WOEFULLY UNPREPARED IN AN SHTF SITUATION OR EVEN GETTING LOST OR STRANDED IN THE BACKCOUNTRY. A LITTLE BIT OF CREATIVITY AND INGENUITY CAN ALLOW YOU TO USE THE RESOURCES AT HAND TO HOPEFULLY TAKE SOME OF THE STRESS OUT OF A SEEMINGLY OUT OF CONTROL SITUATION.



THE UNRAVELING By: Charley Hogwood

Punto Fijo, Venezuela Monday, November 13



It was another smoldering day at the small-town market. Even though it was only 7 am, the line was wrapped around the block with people wearing bandannas, respirators, and various types of protective masks. The line seemed to stretch on for miles, as people kept their distance from each other even if it meant standing in the blazing sun, unwilling to risk their lives for even the slightest bit of shade. Everyone knew that getting too close to someone who was contagious could lead to a violent death.

"Policia! Policia!" Panic rippled through the crowd as everyone scattered to the wind. They all knew that there was to be no public gathering of any type due to "la gripa," the strange illness that seemed to be everywhere lately. Anyone caught during curfew hours would be arrested. The local jails were a viral breeding ground and once in, you were on your own to fight for food and protection. It was commonly believed among the population that the next step would be public executions to stem the sickness, but that was only a rumor. For now.

The police patrol raced down the street, three jeeps loaded with armed men hanging over the sides. All of them were wearing military style chemical masks and long rubber gloves. A truck tagged along behind them, loaded with sad-faced civilians who had already been rounded up this morning for various offenses such as being outside without a government pass.

After the patrol flew by, people sensed that the coast was clear and raced from the shadows to get back in line. At 8 am exactly, the market owner unlocked the door; he had learned the hard way that he was going to need help or the mob would wipe out the whole store. He had been forced to make arrangements with local men to barter food for protection. It wasn't exactly legal, but these days you did what was needed.

"Back up!" One of the four large men armed with clubs growled to the advancing line of customers. Their job was to keep order and allow only five people into the store at a time. If a person didn't have their nose and mouth covered, they were turned away. The ragtag security team was wearing various face coverings made from an interesting assortment of household items. From t-shirts to two-liter soda bottles configured with charcoal and cotton, they all seemed desperate to fashion a poor man's respirator, doing whatever was necessary to stay healthy.

"Anyone gets pushy and you get some stick time! If you look sick, you don't get in so don't even try!" The second guard shouted down the line through his bandanna. He made eye contact with each person to drive his point home before retreating back to the doorway.

Just as she was about to be let in, a young woman began having a coughing fit, trying to hide it by turning to the side and using her arm as a shield. She failed at her miserable attempt, and the people around her tripped over each other trying to step back and get away. One of the guards saw the commotion and stepped closer, but not too close.

"You! Go away. You must leave now!" he said, using his bat as a pointer to motion her away from the store.

"Please, we have no food and my family is counting on me to bring something." she pleaded.

"Go!" he repeated, pointing the bat toward the street with more force now.

She fell to her knees in tears, and those around her noticed that her eyes and nose were red and runny as she pulled her mask away to wipe them on her sleeve. The man raised his bat in a final threat if she did not leave the line. People stepped further away in anticipation of what might come.

"No... Please!," she cried as she crawled on her knees toward the street and made a shaky effort to stand and walk away. The line began to slowly reform, and people seemed to be hesitant to be anywhere near where the sick woman had just been standing. It was almost as if they were scared that the ground itself might be contagious.





We Hope You Enjoyed This Issue of Survival Dispatch Insider.

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